



OF MICHIGAN
FOR AND ABOUT THE
MICHIGAN ASSOCIATION FOR FAMILY & COMMUNITY EDUCATION

OUR MISSION

To strengthen individuals, families and communities through education,
leadership, and action.

WINTER/SPRING 2019



FROM YOUR PRESIDENT

Happy New Year! This is my first article for the newsletter as your new MAFCE president. It is an honor to have been elected. Thank you for your votes and support thus far. You may be curious about my background. I attended CMU. After college I joined FCE (Extension Homemakers) as a young wife and mother. The group was the same one my grandmother joined. My mother was in it for almost 60 years too. Now my daughter has become a member as well. It has been a privilege to serve as the president of the group for a number of years.

My husband Doug (46 years) and I have 3 grown children and 4 grandchildren ages 11-22. We enjoy their activities that we attend and watching them grow up...too fast. For 32 years I taught at Boyne City Public Schools and retired 12 years ago. Because I had two certificates, I eventually taught at all grade levels, but not in all subjects. My degree is in Home Economics/History. My longest assignments were at Kindergarten and third grade. One year I looped a class so that I had the same students in third and fourth grades. What a great experience that was! After retirement I finished a program that certified me as a Registered Medical Assistant (RMA) and worked in that field until my husband retired. I continue to maintain that certification.

Since retiring it seems like I don't have much "spare time". Like many of you there are numerous things that fill my time. Church committees, rummage sales, bazaars, crafts and a women's group keep me busy. I enjoy reading, watching movies, crafts/sewing and travel. Together my husband and I spend time at our cabin at Curtis in the UP. We do a lot of relaxing, fishing, and exploring. Nothing like fresh bluegills for dinner!

MAFCE is facing a real challenge in the immediate future. We had a large dip in membership numbers this year--down to 188 statewide. This means we have a big drop in operating monies. You may see more cuts and modifications. The Board will face some tough choices this year when we meet.

We in the North Central District continue to plan the fall convention at Treetops Resort October 9-11 in Gaylord. It should be as great as ever! Plan now to attend and save your pennies. Our goal is to get at least 75 to attend. Wouldn't it be terrific if more than that came? The next newsletter will have all the information you need. Kathy Couchene asked those attending the convention last year to return to their groups and ask members why they did not attend the 2018 convention. It would be great to have you return the results of that survey. Actual reasons are desired—be specific. Ex. Too costly, appointment schedule, location, etc. Whatever it is, we need to know. We ask that you do this at your next meeting and PLEASE e-mail or snail mail your results ASAP to June Owen or me. This will help in our convention planning. Any suggestions would be welcome as well. Thanks.

In this issue we are sending the information for all the five District Meetings in May. Come and take in the educational program provided by our own Vice-President of Education, Joyce Weiss, which will be creative, informative and always touched with humor, plus the district program presented in the afternoon that always seems interesting. Respond early and mark your calendar. These are close to home, so please attend. This year I'm looking forward to our own and in addition, those outside my district. Our attendance has increased in the last few years, so let's see if we can top our best numbers.

I'm looking forward to the next two years as your president. Please feel free to contact me with questions and comments. My contact information is elsewhere in this newsletter. Have a fantastic year!

Sheri Drake
MAFCE President

Sleep?



For the next two years, SLEEP has been chosen for study. Our last study involved learning about the BRAIN and sleep is tied closely to brain function. In this issue we will learn about what sleep is, how much sleep is needed, what happens during sleep, and the stages of sleep. Sleep well.

Sleep is our body's rest cycle. It is natural that the body rests for several hours each night. During sleep a person is in an unconscious state and for part of the time, actually experiences a form of paralysis. Sleep occurs in stages and results in

restoration and maintenance of our minds and bodies. Sleep is as critical for survival as food and water. A good night's sleep allows us to learn, to create new memories, to concentrate and to respond quickly.

Harvard Medical School names sleep as the Third Pillar of Health, behind nutrition and exercise. We spend about one third of our time sleeping. Sleep needs vary by age and among individuals. Sleep is considered adequate when there is no daytime sleepiness. During sleep our bodies and, especially the brain, is restoring itself. Healing, maintenance, removal of metabolic wastes, and growth occurs. Growth hormones are released during sleep. An infant sleeps up to eighteen hours a day while older children need up to twelve hours so that brain and body growth can occur while sleeping. The National Sleep Foundation recommends that teens get up to ten hours sleep. Adults need seven to nine hours, decreasing slightly after age 65. In fact, if adults get the recommended number of hours of sleep, research finds an improvement in longevity and cardiac health. Several chronic diseases are linked to sleep shortages: diabetes, obesity, depression, cardiovascular disease, anxiety, stroke, and high blood pressure. There may be a higher risk of brain cancer as well.

During sleep the body's temperature lowers, brain oxygen use is reduced, and heart rate decreases. It has been observed that white blood counts increase, indicating that immune function is improved during sleep. Even though bodily functions slow down, the brain becomes quite active, forming and maintaining new pathways of communication between nerve cells (neurons).

Recent research has revealed one of the most important things that happens in the brain during sleep is that structures called *glia* "sweep out" waste materials and toxins from the nervous system that lead to nerve degeneration. Research is now exploring the connection between this housekeeping and the sticky plaques that form in the brain in Alzheimer's disease.

Circadian Rhythms regulate our inner biological clocks. Ever wonder why someone can wake up at the same time every day without an alarm clock? These rhythms determine our sleep patterns and balance our waking and sleeping cycles. Usually day and night affect these rhythms. These rhythms control the production of melatonin, a hormone we produce that makes us sleepy. The rhythms also regulate body temperature, determining when we feel like sleeping. There are two kinds of sleep called non-rapid eye movement (NREM) and rapid eye movement (REM).

There are four stages of sleep. Each stage before REM is about 5-15 minutes long. Stage 1: Eyes close, it is easy to wake up, almost a daydreaming state, slow eye movement.

Stage 2: Light sleep, heart rate slows, body temperature drops, getting ready for deep sleep.

Stage 3: Deep sleep, harder to rouse, if awakened a person is disoriented for a few minutes, most restorative.

Stage 4: REM occurs about 90 minutes after falling asleep, heart rate and breathing quicken, dreaming. When you rouse, get up, change positions in bed

or have periods of wakefulness, the cycles generally start over. Sleep cycles between these stages throughout the night.

Sheri Drake, President

VICE PRESIDENT FOR EDUCATION

Welcome to the start of a very cold 2019. I am happy to announce that 5 counties have already sent in their educational reports. That's GREAT! Now, as for the rest of your counties, there is still time. Please send me what you have so I can compile the info for our state board. It's wonderful to hear what all of you are doing in your counties.

As you begin 2019, I am requesting that your secretary carry several report forms with her so that they can be filled out at each meeting. That makes it so much easier when next January rolls around and it's time again to send them in.

For those of you who are considering entering a poster board for the Hearthfire Challenge, I wanted to let you know which issue we will be focusing on. It will be Issue #23 "ONLY SKIN DEEP". This issue discusses skin conditions and sunburn, etc. Your club secretary can order copies at 10 copies for \$3.00 through MAFCE so that you can discuss and plan your display board. I also want you to consider educational displays for education, action, and leadership. As your year goes by, pay attention to the lessons you do and see if they could be transformed into a display. I am so proud of the many displays we have been getting the past few years. Please keep up the good work.

The schedule and registration for the 5 District Meetings is included in this issue of the FCE News. Please consider asking a friend to attend with you. Let's try and spark some interest in our organization. I want to see higher numbers this year. My educational program for the District Meetings will be on "Sleep and Dreams". It should be interesting and fun. I am looking forward to seeing many friends and some new faces, too.

Joyce Weiss
State VP for Education

COMMITTEE NOTES

CULTURAL ARTS

Hats off to Nancy Thomas for doing an outstanding job of sorting our entries and awarding prizes at conventions. Nancy has agreed to continue as Cultural Arts chairperson. Thanks to everyone who entered our exhibit at convention. We have some very talented members who do a wide variety of arts and crafts. We look forward to seeing everyone's handiwork again next year. Thanks, Nancy!

CHARACTER COUNTS

Virginia Neumann from Otsego County will coordinate the Character Counts contest this year. Her contact information is:

Virginia Neumann
1423 Thumm Rd.
Gaylord, MI 49735
Phone: 989.705.1963

Information and forms on Character Counts can be downloaded from the NAFCE website:

www.nafce.org

This year's topic is TRUSTWORTHINESS. You can order the small stuffed animal friend, Buzzee Bee, that represents Trustworthiness if you like. A booklet that has a story that can be shared with fourth graders for a better understanding of this word is also available at the website.

If you have any questions, contact Virginia.

LESSONS FROM THE HEARTHFIRE SERIES

Try to use the three new Hearthfires this year in your lessons. On the NAFCE website you will find descriptions and information about these booklets. There is an order form and contact numbers at the National office if you wish to order any. Judy Jones is the National office secretary and she will be glad to help you. Titles of the new material are:

Aging in Place

Aging Well: Someone's in the Home Eating Healthy Food

Asking a Friend- How Does Aging Affect My Senses?

DISTRICT DIRECTOR NOMINATIONS

East Central, Southeast, and Southwest Districts will be voting in May at their District Meeting on a District Director. If you are interested, contact a State Board member near you for a copy of the application for District Director. The due date has passed but Past President Kathy Couchene has said she will accept applications until April 15th. As of press time, she has not received any. Please consider this position as it is a grass roots position on the State Board and an excellent way to learn the operation of your organization. Minimal time is required.

GONE BUT NOT FORGOTTEN



Billie (Spangler) Williams, age 86, died October 8, 2018 following a lengthy illness. She joined FCE in 1997 being a member of Calhoun County FCE for 21 years. She enjoyed sewing, working in her garden, and collecting cookbooks.

2018
MAFCE YEAR END STATEMENT

		<u>2018 BUDGETED</u>		<u>2018 ACTUAL</u>
Checking Account 12-31-17		\$4,490.59		\$8,626.30
Primary Share		\$20.17		\$3,044.26
High Yield Savings Account		\$3,035.68		\$20.25
Foundation Money	\$3,311.66			
TOTAL		\$7,546.44		\$11,690.81

INCOME

Interest		\$5.00		\$9.34
Dues based on 254				
9 x 41.00 (Family)		\$369.00		\$492.00
158 x 27.00 (Regular)		\$4,266.00		\$3,051.00
87 x 23.50 (Senior - over 80)		\$2,044.50		\$1,809.50
Water for All		\$388.00		\$691.07
Coins for Friendship		\$131.00		\$124.05
Intrepid Fallen Heroes Fund		\$230.00		\$87.37
Convention				
Registration 85 x \$150		\$12,750.00		\$9,380.00
Tour 50 x 42		\$2,100.00		\$1,365.00
Trade Tables		\$30.00		\$50.00
Game of Chance		\$550.00		\$400.00
Cash Raffle		\$500.00		\$336.00
Mystery Night		\$50.00		\$138.00
District Meetings		\$170.00		\$230.00
District Meetings-fundraiser		\$0.00		\$243.00
Fund Raiser (82.5%)		\$3,955.00		\$4,125.00
Memorial Scholarship		\$0.00		\$150.00
Donations from Members		\$1,000.00		\$693.56
Memorials		<u>\$0.00</u>		<u>\$75.00</u>
TOTAL INCOME		\$28,538.50		\$23,449.89
TOTAL ASSETS		\$36,084.94		\$35,140.70

EXPENSES

NAFCE Dues				
9 x 30.00 (Family)		\$180.00		\$330.00
158 x 20.00 (Regular)		\$3,160.00		\$2,260.00
87 x 16.50 (Senior - over 80)		\$1,435.50		\$1,221.00
Water for All (in/out acct)		\$388.00		\$691.07
Coins for Friendship (in/out acct)		\$131.00		\$124.05
Intrepid Fallen Heroes Fund		\$230.00		\$87.37
NAFCE Conference		\$0.00		\$0.00
District Meetings		\$300.00		\$233.00
District Directors/mileage (5@ 20)		\$125.00		\$0.00
Board Meetings		\$1,000.00		\$0.00
Board Mileage		\$1,000.00		\$920.30
Packets & Resource Materials		\$100.00		\$92.50
Newspaper - Cost of Printing		\$900.00		\$670.30
Cost of Mailing		\$700.00		\$506.85

**2018
MAFCE YEAR END STATEMENT**

EXPENSES

Membership Outreach (recruiter)	\$100.00	\$150.00
State Convention Contingency Fund	\$500.00	\$500.00
State Convention Bd Ex (6x150)	\$900.00	\$750.00
State Convention Ex Bd (5x150)	\$750.00	\$750.00
State Convention Scholarships (10x100)	\$1,000.00	\$1,000.00
State Convention 1st Timers (up to \$100 ea)	\$700.00	\$200.00
Memorial Scholarship	\$0.00	\$150.00
State Convention	\$12,750.00	\$10,306.72
International Programs/Mailings	\$0.00	\$0.00
Historian	\$25.00	\$0.00
Misc Organization Operating	\$25.00	\$62.50
President (supplies, postage, phone)	\$150.00	\$0.00
Past President (ditto)	\$25.00	\$0.00
Vice President (ditto)	\$50.00	\$23.57
Secretary (ditto)	\$50.00	\$0.00
Treasurer (ditto)	\$150.00	\$30.25
District Directors Ex (5x15)	\$75.00	\$0.00
Editor (ditto)	\$25.00	\$0.00
Treasurer Bonding	\$90.00	\$90.00
Misc. Committee Expense	\$25.00	\$131.64
Non-Profit Fees	\$20.00	\$20.00
Tax Preparation/Audit	\$80.00	\$80.00
Finance Committee	\$0.00	\$0.00
ACWW Dues	\$99.00	\$99.00
CWC Dues	\$50.00	\$50.00
Fund Raiser	\$1,050.00	\$1,050.00
Foundation Money for Education	3311.66	
Web Site Costs	\$160.00	\$163.48
Educational Displays	\$400.00	\$280.00
Program Development (ex Hearth Fire)	\$200.00	\$100.00
Character Counts	<u>\$150.00</u>	<u>\$150.00</u>
TOTAL EXPENSES	\$29,248.50	\$23,273.60

TOTAL INCOME	\$36,084.94	\$23,439.83
TOTAL EXPENSES	<u>\$29,248.50</u>	<u>\$23,273.60</u>
CONTINGENCY FUND	\$6,836.44	\$166.23

TOTAL FUNDS AVAILABLE 1/1/18	\$11,690.81	CHECKING ACCOUNT 12/31/18	\$8,793.55
TOTAL INCOME	\$23,449.89	HIGH YIELD SAVINGS	\$3,053.22
TOTAL EXPENSES	<u>\$23,273.60</u>	SAVINGS ACCOUNT	<u>\$20.33</u>
TOTAL FUNDS AVAILABLE 12/31/18	\$11,867.10	TOTAL FUNDS AVAILABLE 12/31/18	\$11,867.10

DISTRICT NEWS

St Clair County (Southeast)

St Clair Co is small in membership, but we keep busy. We held our Christmas Party at the home of Lucille Rucker. A good time was had by all. Our Christmas giving last year was a donation to Kids in Distress. We held a sewing day to make bears for first responders. Marine City Fire Department took what we had made.

Several of our members attended the District Meeting held in Wayne Co. We had a great time. We received our raffle tickets and were able to sell them all. Sad to say we had no winners though.

In the summer we took the historic narrated trolley tour of Port Huron. Quite a bargain at 10 cents each person. It was a beautiful day for the ride and lots of fun. We also had lunch at the Culinary School to try some of their fantastic recipes. They have a very fancy menu.

Ruthie Bradley taught us how to make no sew totes out of t-shirts. Neat recycle idea. She also taught it to the Council on aging and they were going to make them for the homeless.

We attended the International Day held at the Kimball Twp. Fire Dept. This was a good day with a good speaker. None of us were able to attend Convention this Year.

Several of our members were able to attend the tea held in Lapeer Co. What a fun time that was.

We collect money each time we meet for Water for All. That is sent to the State Treasurer with our dues. We still collect books and donate them to help fight illiteracy. We had a good year in 2018 and are starting to get excited about what is ahead of us for 2019.

Submitted by Lucille Rucker, President

EAST CENTRAL DISTRICT

Hope everyone is fine and got thru the bitter cold weather we had at the end of January.

I called the clubs in East Central District to find what they have been doing. Bay County reported that they did fleece blankets Hospice, a donation to Joyce's grandsons Eagle Scout project, Bay Medical Facility for the Activities Department, the Salvation Army for Christmas giving to needy families, the Can Council for Victims of abuse and medical examinations, a donation to a family with no insurance to pay for cancer illness, Good Samaritan Rescue Mission for Thanksgiving meals, a donation to two families of Thanksgiving and Christmas dinners.

Gratiot County reported they gave blankets to the needy, donated to the Food Bank sites, and they service transportation to the Senior site for those who need rides. They are also working on our District Meeting for May 1st.

Midland County hasn't done too much but did send in a big donation to Water for All.

Mecosta County had nothing to report.

I did ask each county if there was any place to hold a convention in 2020 in their area. Did get a few suggestions that will be checked on. If you have any concerns or questions, please feel free to call me. I do not have a computer, but I will try to help the best way I can.

Hope to see you all at our District Meeting May 1st in Gratiot County.

Lorraine Rice
East Central District Director

EATON COUNTY (SOUTHWEST)

Eaton County FCE has grown smaller this year but we're determined not to give up. We have started the year with a planning meeting where our dates and topics for the year have all been selected. We have gone to a new format where members bring their own sack lunch and one member is responsible for providing the dessert. Each member has also picked a month in which they are responsible for providing a program, either by preparing their own or securing a speaker for our group. We have also selected a local charity to support, Helping Hands. They distribute food to local people in need and we will donate canned goods and other non-perishable items on a monthly basis.

We had a very active year in 2018. We started the year by hosting the Southwest District meeting which was held in Charlotte, MI. For our portion of the meeting we secured two business women who own stores in downtown Charlotte. They spoke on how they got started and the ups and downs about owning and running your own business. They were both very interesting and informative.

We had many very interesting and informative programs at our meetings in 2018. "Holding on to the Apron Strings", "Know Your Flag", and "What Presidents Enjoy Eating" were some of the programs provided for us by President Kathy Couchene. We also used a couple of the Hearthfire Series lessons from National FCE. As State Convention was held in our Southwest District, several members were involved in the planning and providing of table favors and assistance to the Convention Committee. Their help was very much appreciated!

We ended our year by member Mona Ellard hosting our annual Christmas luncheon at her country home. She is such a valued member with her history as a retired MSU Extension Home Economist and Director and has been a contributing friend and member to Eaton FCE for many years. For family reasons, she has resigned but hope she will return in the future. We have also lost long time members Maida & Myrl Hawley, Doreen Campbell, Mildred Steward and Ellen Murdock for various reasons. We are saddened to see them go but understand we are an aging group and it is vitally important to bring in new people.

Some of the activities planned for 2019 are participating in the National program Character Counts, Trustworthiness. It will be our first attempt at this but are super excited to work with the community and kids. We plan to use some of the new Hearthfire Series programs and have a program on "Use of Smart Phones". We are looking forward to this year and hope to continue as long as possible.

Nancy Conkey, President Eaton County FCE

FORM FOR 2019 DISTRICT MEETING

Please indicate which District Meeting you wish to attend (can be more than one)

_____ West U.P. (Delta County) \$18.00 members \$21.00 non-members

_____ North Central (Manistee County) \$15.00 members & \$18.00 non-members

_____ East Central (Gratiot County) \$15.00 members \$18.00 non-members

_____ Southeast (St Clair County) \$20.00 members & \$23.00 non-members

_____ Southwest (Hillsdale County) \$15.00 members & \$18.00 non-members

NAME _____

ADDRESS _____ CITY _____

COUNTY _____ COUNTRY _____

PHONE _____

AMOUNT ENCLOSED _____ MEMBER _____ NON-MEMBER _____

See following pages for your district's details, directions, and whom to make check payable. If attending more than one, please make a copy of this page for each meeting attending.

WEST U.P. MAFCE DISTRICT MEETING

When: Wednesday, May 8, 2019 at 10 am – 3 pm

Where: Calvary Lutheran Church
10439 Wisconsin Ave.
Rapid River, MI 49878

Church's Phone Number: 906-474-9353 Registrars Phone: 906-786-4725

Cost: \$18.00 members \$21.00 non-members

Make Check Payable to: Town and Country FCE

Mail Registration to: Judith Gereau
4735 18th Road
Escanaba, MI 49829

Deadline: May 1, 2019

Directions to Calvary Lutheran Church in Rapid River. Follow US 2 into Rapid River. Turn onto Wisconsin Ave (the road next to the Dairy Flo). Go straight two blocks the church will be on your right.

NORTH CENTRAL MAFCE DISTRICT MEETING

When: Wednesday, May 9, 2019 at 10 am – 3 pm

Where: Trinity Lutheran Church
17191 3rd Street
Arcadia MI 49613

Cost: \$15.00 members & \$18.00 non-members

Make Check Payable to: **Herring Hill & Dale FCE**

Mail Registration to: Maryann Lowe
Box 181
Arcadia MI 49613

Deadline: May 1, 2019

Directions: Take US 31 south to Glover's Lake Road, turn right onto Glover's Lake Road towards Arcadia, cross M22 to 3rd Street, turn left on 3rd Street, church is on left.

SOUTHEAST MAFCE DISTRICT MEETING

When: Friday, May 3, 2019 at 10 am – 3 pm, Registration 9:30 am

Where: North Street United Methodist Church
4580 North Road
North Street MI 48049
810-664-0821

Make Check Payable to: St. Clair County FCE

Cost: \$20.00 members & \$23.00 non-members

Mail Registrations to: Lucille Rucker
6180 Griswold
Smith Creek MI 48074

Deadline: April 26, 2019

Contact Church: 810-385-4027 or Lucille @ 810-367-6929

SOUTHWEST MAFCE DISTRICT MEETING

When: Thursday, May 2, 2019 at 10 am – 3 pm

Where: The Church of Jesus Christ of Latter-day Saints
425 Parkwood Drive
Jonesville MI 49250

Make Checks Payable to: **Hillsdale County FCE**

Cost: \$15.00 members & \$18.00 non-members

Mail Registrations to: Alice Keefer
3651 Skuse Road
Osseo MI 49266

Deadline: April 22, 2019

Questions call 517-398-0235 or cell 517-418-0011

EAST CENTRAL MAFCE DISTRICT MEETING

When: Wednesday, May 1, 2019 at 10 am – 3 pm (registration 9:00 am)

Where: Alma Public Library
500 E Superior St
Alma MI 48801
989-463-3966

Cost: \$15.00 members & \$18.00 non-members

Make Check Payable to: Gratiot County FCE

Mail Registration to: Renee Smith
345 Olson Rd
Sumner MI 48899

Deadline: April 22, 2019

Go South on US127 exiting onto State Road - turn right (south)
At Lincoln Road turn right onto Superior
Go 2 miles to corner of Lincoln & Superior
Library on your left (facing Superior) if you come to the River turn around
Park in the back using Back Entrance

THOUGHTS ON MEMBERSHIP

The numbers are in for 2019 and we are at 188 members down from xxx a year ago. Membership can be submitted at any time so if you know someone that is interested get them to sign on the dotted line and send to the State Treasurer (Faye Lipinski). Get someone to attend your District Meeting and that might be the event to interest them in our organization. Be sure to include your name as recruiter and you will receive a special pin from National plus you will be entered for a \$100 reimbursement drawing on your 2020 State Convention registration.

Also please note that we have to mail 200 newsletters to keep our bulk mail status. Currently we will mail to each member of a family membership to obtain this status but more members would be wonderful.

2019 STATE BOARD

PRESIDENT

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East Jordan MI 49727
231-582-3577
dsdrake527@gmail.com

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Bay City MI 48706
989-686-1616

SOUTHWEST DISTRICT

Arlona McCallum
18440 29½ Mile Rd
Springport MI 49284
517-857-2531
arlona@springcom.com

APPOINTED HISTORIAN-GRATIOT

%Renee Smith
345 S Olson
Sumner MI 48889

REMINDER: If you are interested in running for a Board position, contact the nominating committee for details.

REMINDER: If you are interested in being appointed for a state committee chair, Contact your State President. She would love to hear from you.

2019 STATE COMMITTEE CHAIRS

BUDGET COMMITTEE CHAIR

Faye Lipinski
51 E Markel Road
Munger MI 48747
989-659-2567

CHARACTER COUNTS CHAIR

Virginia Neumann
1423 Thumm Road
Gaylord MI 49735
989-705-1963

CULTURAL ARTS COMM CHAIR

Nancy Thomas
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Fountain MI 49410
231-462-3146

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Website www.nafce.org

**Michigan Association
For Family and Community Education
Non-Profit Organization
51 E Markel Road
Munger MI 48747**

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2019 DATES TO REMEMBER

May 1- East Central District Meeting - Gratiot County
May 2 - Southwest District Meeting - Hillsdale County
May 3 - Southeast District Meeting - St Clair County
May 8 - West UP District Meeting - Delta County
May 9 - North Central District Meeting - Manistee County
June 1 - FCE newsletter deadline

Selling of Raffle Tickets

Oct 8 - Convention Tour

Oct 9-11 - 2019 MAFCE Convention at Treetops in Gaylord

County Newsletter rotation for reports: Feb 1 – deadline for Southwest and East Central Districts
June 1 – deadline for North Central and West U.P. Districts
Nov 1 – deadline for Southeast District